



# MORNING SESSION WELLNESS AND THE GREAT OUTDOORS

**Keynote: Sustaining wellness in the outdoors**Jo Hopkins, Parks Victoria - supporting partner of the Chair, Health & Well-being Specialist Group IUCN World Commission on Protected Areas

What else to look forward to in this session:

#### Coping with COVID: Trends and patterns in people getting outdoors

- Dr Beth Brockett, Senior Specialist Social Science, Natural England
- Aideen Martin, Head of Marketing and Participation, ORNI and Duncan Stewart, Managing Partner, 56 Degree Insight
- Aileen Armstrong, Policy and Advice Officer for Research, NatureScot

'Movement as prevention' – how do we get more people moving more often?

Dr Una May, Head of Ethics and Participation, Sport Ireland

'Movement as medicine' - Green Prescribing to deal with the (indirect) impact of COVID-19?
Bridget Finton, Policy and Advice Officer, NatureScot

### AFTERNOON SESSION WHO IS MISSING FROM THE OUTDOORS?

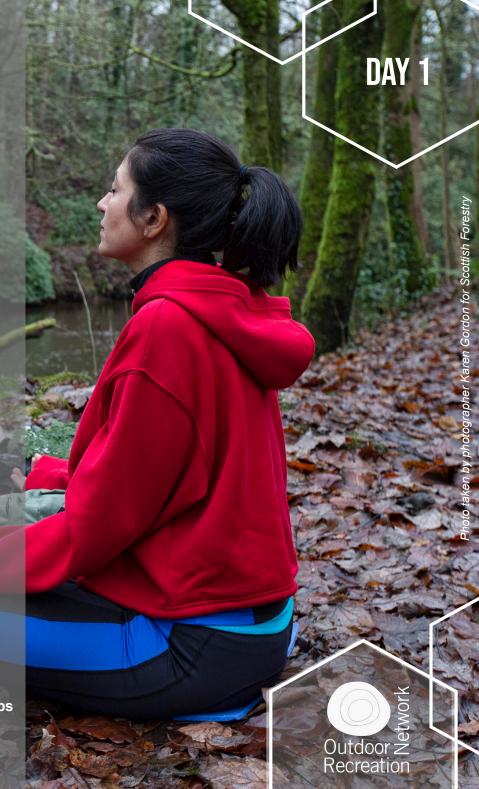
**Keynote: Why we must tackle exclusion and inequality** Pammy Johal, Founder & Operations Director, Backbone *What to look forward in this session:* 

#### **Groups underrepresented outdoors**

- · Aileen Armstrong, Policy and Advice Officer for Research, NatureScot
- Dr Beth Brockett, Senior Specialist Social Science, Natural England
- Duncan Stewart, Managing Partner, 56 Degree Insight
- Dr Elizabeth Rogers, Project Officer, ORNI
- Dr Caroline Ward, Postdoctoral Researcher, University of York

#### Improving green provision & infrastructure to meet needs of underrepresented groups

- Sophie Gordon, Campaigns Officer, Cycling UK
- Julia Mathews, Landscape Architect, Forestry England
- Gemma Cantelo, Head of Policy and Advocacy, Ramblers UK





### **TICKETS**

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VIA EVENTBRITE

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### GENERAL ADMISSION E-TICKET - £30.00

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CONFERENCE FORMATS WILL INCLUDE
PRESENTATIONS, INTERACTIVE DISCUSSION
AND NETWORKING OPPORTUNITIES.



