




Est'd 1835

School Sailing at LDYC presentation to



Outdoor Recreation Network

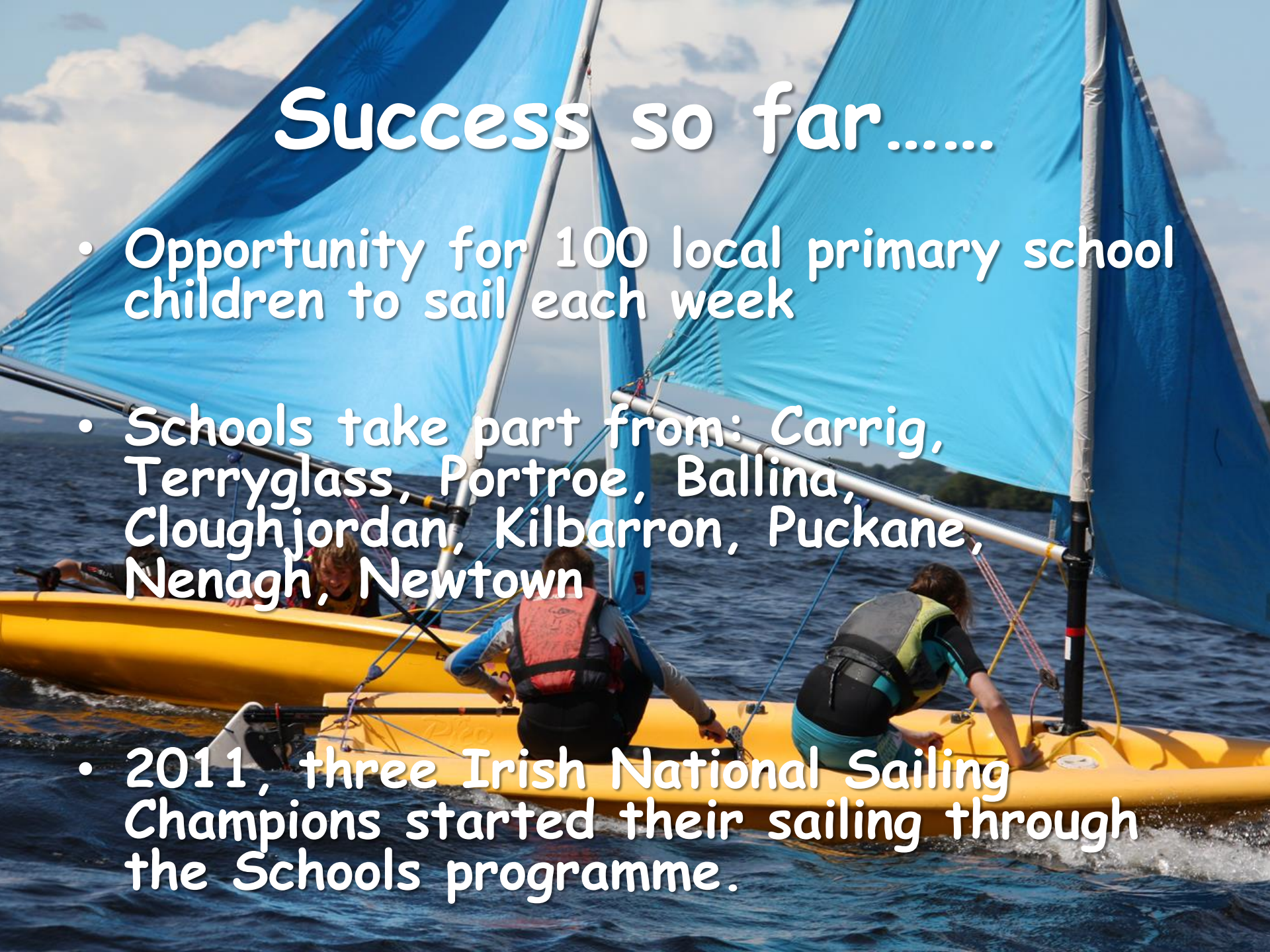
School Sailing started in Lough
Derg Yacht Club almost 15 years
ago.

The Club's vision is local children
sailing and enjoying the beautiful lake
on their doorstep, in a safe, fun
environment



Success so far.....

- Opportunity for 100 local primary school children to sail each week
- Schools take part from: Carrig, Terryglass, Portroe, Ballina, Cloughjordan, Kilbarron, Puckane, Nenagh, Newtown
- 2011, three Irish National Sailing Champions started their sailing through the Schools programme.



A male sailor is shown in a white Laser sailboat, leaning forward and managing the mast and rigging. He is wearing a white long-sleeved shirt, a black life vest, and a blue patterned cap. The boat is on a choppy blue sea. In the background, other sailboats are visible, including one with a large white sail featuring the letters 'IRL' and another with a sail number '47'. The sky is overcast.

Eoin Keller, Carrig NS.....

Laser National Champion

Alfie Wisdom, Terryglass NS.
Sam Warren, Kilbarron NS



Mirror National Champions

News2Day

Broadcast: 24/05/2012

Thursday

news2day

RTE.ie 



02:37 / 07:45



What they get to use...

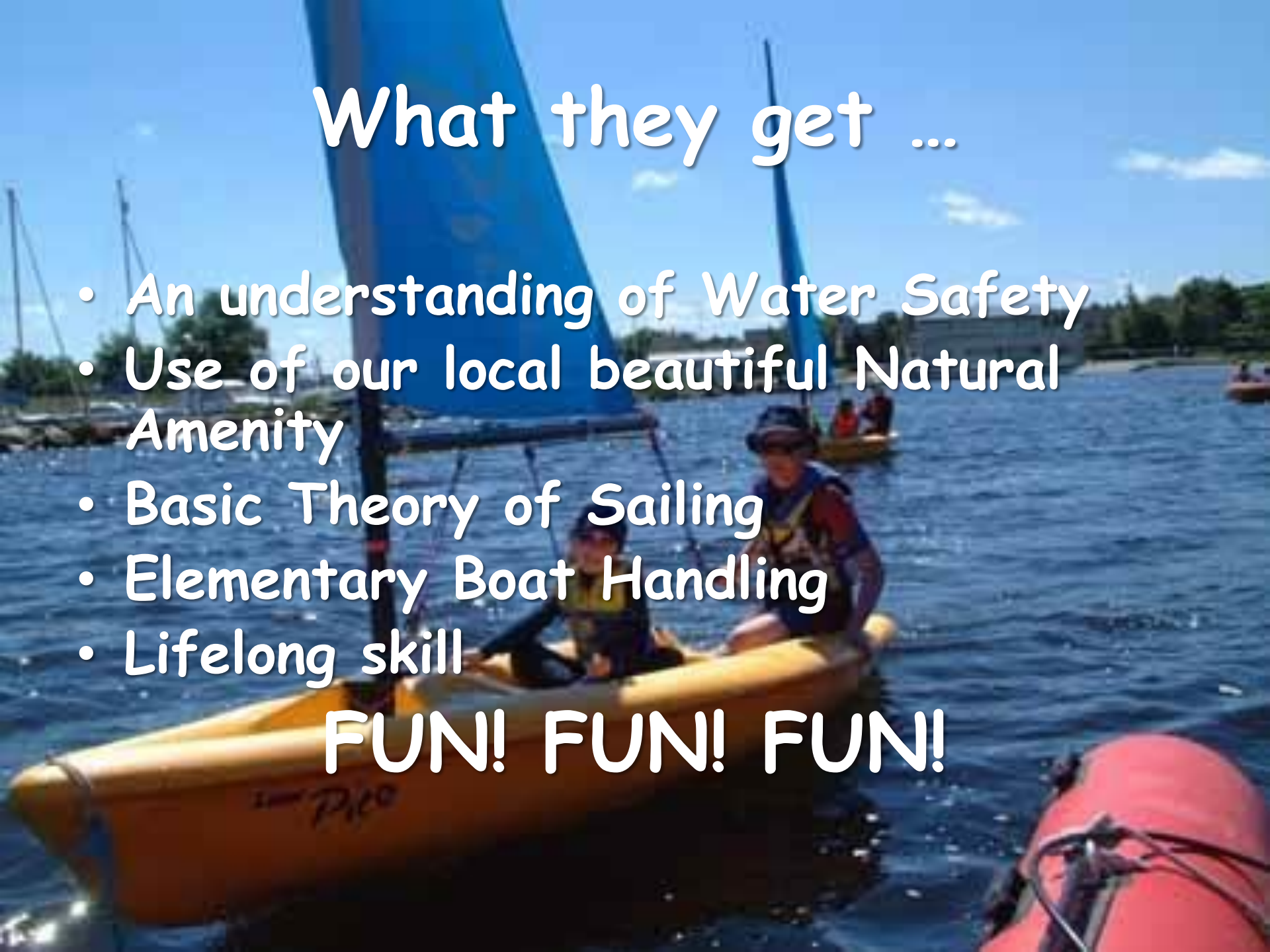
- ☐ Tirion
- ☐ Bass Boat
- ☐ Laser Picos
- ☐ Life Jackets
- ☐ Wet Suits
- ☐ Rescue Boats
- ☐ Club Premises, showers and changing rooms
- ☐ Instructors' Help



What they get ...

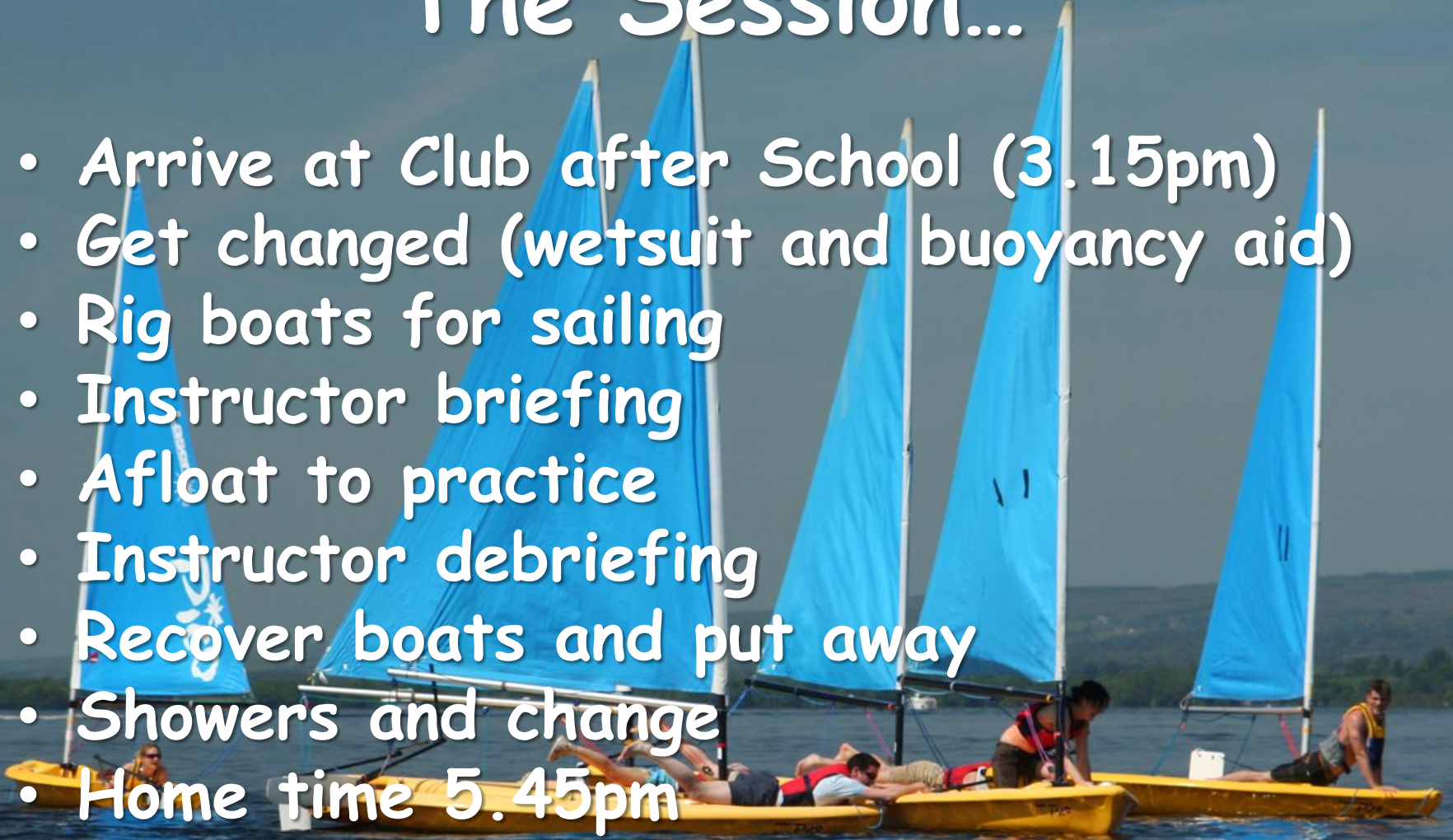
- An understanding of Water Safety
- Use of our local beautiful Natural Amenity
- Basic Theory of Sailing
- Elementary Boat Handling
- Lifelong skill

FUN! FUN! FUN!



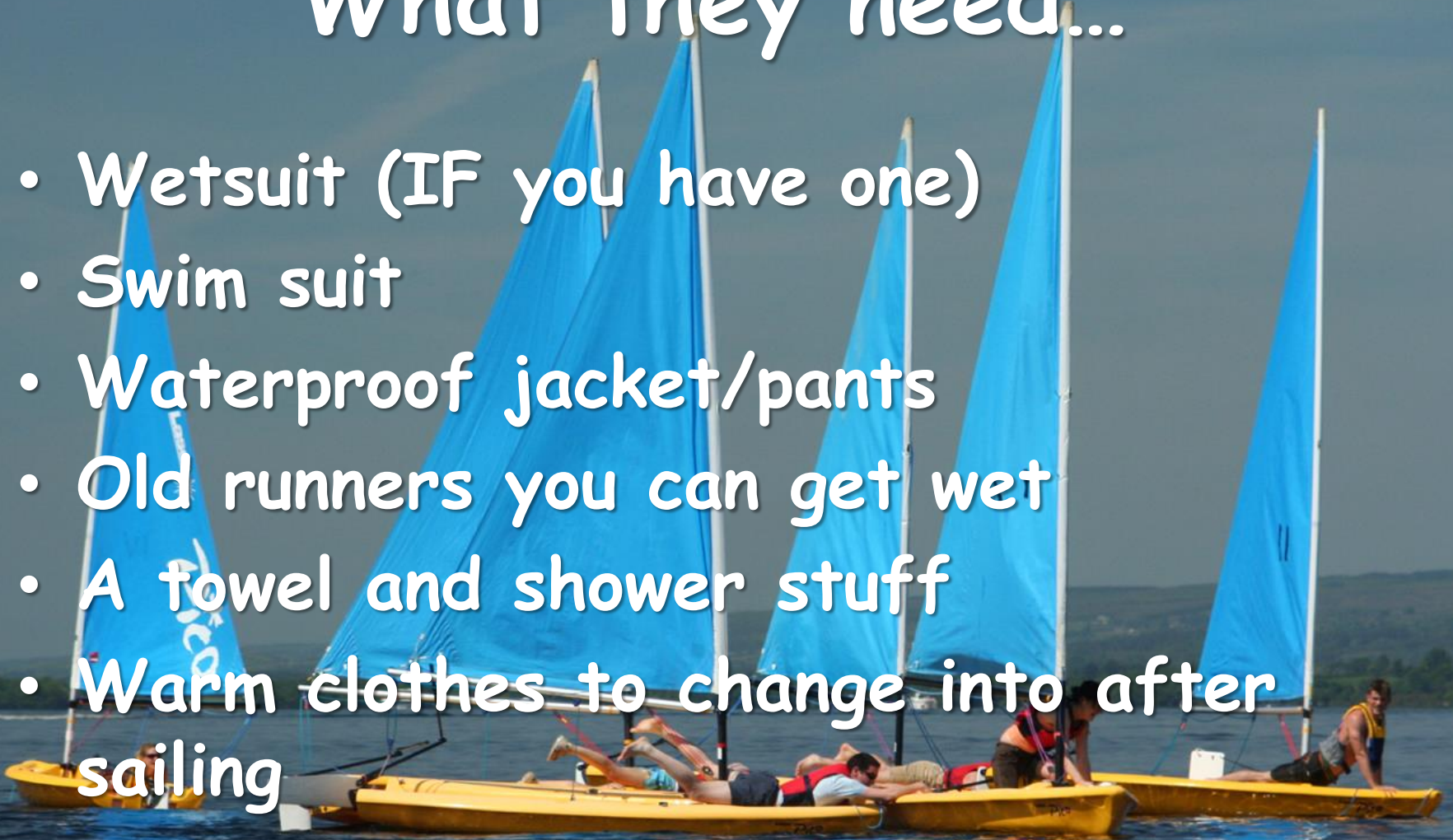
The Session...

- Arrive at Club after School (3.15pm)
- Get changed (wetsuit and buoyancy aid)
- Rig boats for sailing
- Instructor briefing
- Afloat to practice
- Instructor debriefing
- Recover boats and put away
- Showers and change
- Home time 5.45pm



What they need...

- Wetsuit (IF you have one)
- Swim suit
- Waterproof jacket/pants
- Old runners you can get wet
- A towel and shower stuff
- Warm clothes to change into after sailing



When....

- School Sailing programme happens in Autumn and Spring for 10 weeks each term



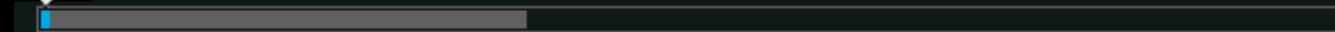
Progression

- School Sailing Membership Initiative
- - 5 years stepped introduction to LDYC





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